First International Spiritist Youth Weekend

Harmony Code

Welcome to the First International Spiritist Youth Weekend! We would like to invite you to join us in a Harmony Code to secure the best vibrations for the development of the activities this weekend.

As Professor Euripedes Barsanulfo proposes in his educational approach, let us agree to the following:

- 1. "We are here to learn to love our neighbor. So, let us keep our vibrations elevated since this is a school of the spirit. Watch your thoughts for you are in an environment of peace and harmony. We are all apprentices of the work of the Christ, after all we are in Planet Christ." (Euripedes Barsanulfo)
- 2. We agree to dress appropriately with discrete outfits that do not *divert attention from its participants to our person*. As we attend a Spiritist function to help ourselves and the Spirits, whether they are good or less evolved, we find out that sexy clothing is disruptive to less evolved spirits. Shorts, as well as miniskirts, are not appropriate apparel at all. (Spirit Luis Sergio)
- 3. We agree to speak the good at all times, avoiding words of low vibration (curse words, sarcastic words, ironic words, demeaning words, criticizing words). "Let us have the courage needed to eliminate by ourselves, the expressions of our uncontrolled sentiments and desires... Speech is the channel of the 'self'." (Emmanuel)
- 4. We agree to look at one another with kind and fraternal eyes, avoiding flirtation and any other form of sexual approach, since we are in a sacred space for a holly purpose. "Sex is spirit and life in service of Universal happiness and harmony." (Emmanuel)
- 5. We agree to only ingest healthful meals and drinks, avoiding at all times the ingestion of illegal or legal drugs. "Abstain from the use of drugs, narcotics, alcohol, and excessive use of prescriptions that vitiate the body's natural physiological composition. There are poisons that take life over little by little." (Andre Luiz)
- 6. We agree to conduct ourselves in a respectful and composed manner, avoiding laxed posture such as slouching at the chair, seating on the floor, putting feet on the table or chairs, etc). We agree to stay actively participating in all of the sessions of the weekend (Saturday and Sunday) and avoid at all costs chatting outside the sessions at the sessions time, as well as engaging in any parallel activity that does not pertain to the event.
- 7. We agree to not use the cell phone or tablet during the working sessions of the program (Saturday and Sunday) unless we were assigned to use them for the benefit of the general goal of the activities. We agree to turn off and keep our cell phones in the cell phone box whenever asked.

As per Allan Kardec's approach (written in chapter 29 of The Mediums' Book), the Security Team of the First International Spiritist Youth Weekend will monitor all (adults and teens) to guarantee the implementation of the above Harmony Code. Should the Security Team find any breech of this code, they will issue a warning. Anyone, who receives three warnings, will be asked to leave the event immediately to secure the harmony of the whole group, except to those who are found either using drugs and/or engaging in sexual misconduct. In case these violations occur, the Security team will kindly escort the person out of the premises of the event immediately, without any prior warning.

I, _____, here signed wholeheartedly agree and abide to the Harmony Code as stated above.

Signature:_____ Date:_____